



# Academic Calendar 2023-24

## **SPOTLIGHT ON LIFE COMPETENCIES**

This year's monthly themes focus on a range of Life Competencies. We strongly believe that knowledge, skills and understanding of these competencies will help our students to navigate the real world successfully. The ability to communicate effectively, manage self, think critically, be digitally safe and responsible, make responsible decisions are a few examples of competencies that facilitate wellbeing and professional success. Our goal is to equip Sancta Marianans with practical tools they need to thrive beyond the classroom and unlock their potential to create a better world.



# Cognitive Flexibility

## JUNE 2023

SUN	MON	TUE	WED	THU	FRI	SAT
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

3	New Parent Orientation	22	Assembly - Primary
5	School Reopens (G9 - 12)	23	Field Trip - Primary
9	New Student Induction - Middle school	27	Assembly - High School
12	School Reopens (EY1 - G8)	29	Holiday - Eid-ul-Azha (Bakrid)
21	World Music Day & International Day of Yoga School Tour - Early Years	30	Field Trip - Primary Red Colour Day (EY1 & EY2)

**Cognitive Flexibility** is the ability to switch between different cognitive tasks and to adjust one's thinking in response to changing context. It involves being able to approach problems from different perspectives, and to quickly adapt to new information or circumstances. Cognitive Flexibility is an important skill for learning, problem-solving, and is linked to higher levels of creativity and innovation.

# Developing Relationships

JULY 2023

SUN	MON	TUE	WED	THU	FRI	SAT
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23	24	25	26	27	28	29
30	31					

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|----|---|----|--|
| 1  | Curriculum Day<br>Meet the Class Teacher                | 21 | Humanities Fest – Primary  |
| 12 | Assembly – Middle School                                | 25 | Assembly – High School   |
| 13 | Informatico – Primary                                   | 26 | Humanities Fest – Middle School  |
| 14 | Investiture Ceremony<br>Teddy Bear Picnic - Early Years | 27 | Assembly – Primary   |
| 17 | Holiday – Bonalu  | 28 | Field Trip (High School)<br>Blue Colour Day (EY1 & EY2)<br>Sapling Day (EY3) |
| 18 | Informatico – High School                               | 29 | Holiday – Muharram   |
| 19 | Assembly – Middle School                                |    |  |

Humans are social beings who rely on relationships with others to survive and thrive. **Developing Relationships** involves building and maintaining connections with others, developing empathy and being able to communicate effectively with others. Having strong, healthy relationships can provide a sense of belonging and emotional well-being, while opening up opportunities for personal and professional growth and development.



# Goals Achievement

## AUGUST 2023

SUN	MON	TUE	WED	THU	FRI	SAT
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27	28	29	30	31		

2	Assembly – Middle School	14	Cultural Ramp Walk – Early Years
3 & 4	Assembly – Primary	15	Independence Day
5	PTM	18 & 19	Festival of Amazing Learning
6	World Friendship Day	23	Assembly – Middle School
8	Assembly – High School	24	Assembly – Primary
10	Assembly – Primary	25	Field Trip – High School Yellow Colour Day (EY1 & EY2)
11	Assembly – Primary Field Trip (EY, High School & Middle School)	30	Assembly – Middle School
		31	Assembly – Primary

**Goal Achievement** involves setting specific, measurable, achievable, relevant, and time-bound (SMART) goals and working towards them systematically to achieve desired outcomes. Consistently setting and achieving goals can result in increased confidence and self-efficacy. This requires skills of planning, time management, problem-solving, and persistence. Individuals who are able to set and achieve goals are often seen as more reliable and competent, which can lead to greater opportunities for growth and to achieve one's full potential.



**Self-Awareness** helps young people understand their thoughts and behaviours, which builds confidence and promotes healthy relationships. **Self-Management** helps regulate emotions and behaviours, leading to better resilience and wellbeing. Learning these skills enables young people make better decisions, navigate social interactions, and improve their academic and career prospects, ultimately promoting personal fulfilment and life satisfaction.

# Self Awareness and Management

## SEPTEMBER 2023

SUN	MON	TUE	WED	THU	FRI	SAT
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

1	Assembly – Primary	18	Holiday – Ganesh Chaturthi
2 to 4	SMISMUN (tbc)	19	100 Days celebration (EY1)
4	Non-working Day (EY1-G8)	21	International Day of Gratitude Dress-up Day (EY1 & EY2) Gratitude Day (G1 & 2) Assembly – Primary International GK Olympiad (G1-12)
5	Teachers Day		
6 to 13	EOT* 1 (G3-8)		
6	Grandparents Day (EY1 & EY2)		
7	Holiday – Krishnashtami	22	Field Trip (Primary)
8	Grandparents Day (EY3)	23 & 24	Inter School Sports
10	International Grandparents Day	27	Assembly – Middle School Assembly – Early Years
13	Term 1 Ends		
14	Hindi Diwas Term 2 Begins	28	Holiday – Milad-un-Nabi
15	Scientifique (G9-12) Green Colour Day (EY1 & EY2)	29	Assembly – Primary

\*EOT – End of Term



# Teamwork Effectiveness

## OCTOBER 2023

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
2	Holiday – Gandhi Jayanti			12	Scientifique (G1-5)	
4	Assembly - Middle School			14	Holiday - Bathukamma Starting Day – Excursion (G4-12)	
6	Assembly - Primary			15 to 19	Excursion (G4-12)	
7	Parent Forum			16 to 25	Autumn Break	
10	World Mental Health Day			24 & 25	Holiday – Vijayadashami	
11	International Day of the Girl Child Scientifique (G6-8) Recitation Competition (EY3)			26	School Reopens	
				28	PTM (G9-12)	

**Teamwork Effectiveness** is the extent to which a team can accomplish its goals and objectives by working together cohesively and collaboratively. Effective teamwork involves clear communication, mutual trust, respect, and accountability among team members. It requires each member to contribute their unique skills and abilities, while also being willing to understand others' perspectives. A highly effective team can achieve more than the sum of its parts, leading to improved productivity, creativity, and high impact.



**Entrepreneurship** is the ability to identify and create an opportunity, develop a product or service, and build and manage a successful business venture. Entrepreneurial thinking encourages individuals to approach problems and challenges with an open, curious mindset, and to develop solutions that are efficient, effective, and innovative. It involves skills such as creative thinking, problem solving, risk-taking, and strategic planning. Individuals with strong entrepreneurship skills are more likely to identify and pursue opportunities to successfully navigate the rapidly changing and unpredictable world.

# Entrepreneurship

## NOVEMBER 2023

SUN	MON	TUE	WED	THU	FRI	SAT
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19	20	21	22	23	24	25
26	27	28	29	30		

1	Foreign Language Day – Middle School	14	Field Trip – Middle School
2	Assembly - Primary International English Olympiad (G1-12)		Children's Day Celebration Pajama Party (Grades 1-3)
6	Humanities Fest – High School	17	Sleepover (G4-8)
7	Biz Affairs – High School	18	Sleepover (G9-12)
8	Assembly – Middle School Clay Moulding Competition (EY2 & EY3)	21	Contentio Mathematica – High School
9	Assembly – Primary	22	Assembly – Middle School
10	World Science Day Diwali Celebrations (Whole School)	23 & 24	Assembly – Primary
12 & 13	Holiday – Diwali	24	Thanksgiving Day
		27	Holiday – Guru Nanak Jayanti/ Karthika Pournami
		29	Assembly – Middle School
		30	Assembly – Primary



# Communication

## DECEMBER 2023

SUN	MON	TUE	WED	THU	FRI	SAT
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

1	Field Trip – Primary	15	Assembly - Primary
2	PTM SAT Exams	18 to 22	EOT 2 (G3-8)
4 to 18	Mock Exams 1 (G10-12)	22	Assembly - Primary Term 2 Ends Christmas Celebration
6	Assembly – Middle School Assembly – Early Years	25	Holiday - Christmas
6 to 8	Coding Week – Middle School	26	Holiday - Boxing Day
8	Picnic – Early Years Assembly – Primary	27 to 31	Winter Break
13	Colouring Competition (EY2)		
14	International Mathematical Olympiad (G1-9)		

**Communication** refers to an individual's ability to convey their own messages as well as support others in communicating successfully. It is also about participating in conversations with confidence, fluency and clarity using appropriate language and register, and contextually appropriate presentation styles. Communication is an essential skill that enables us to get our ideas, needs and feelings across to others in meaningful, useful ways.





**Planning and Ways of Working** are crucial life competencies to set clear goals and objectives, prioritise tasks, allocate resources efficiently, manage time effectively, and collaborate with others. By mastering these skills, individuals can improve their productivity, achieve success, and lead more fulfilling lives.

# Planning and Ways of Working

## JANUARY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

1	Winter Break - New Year's Day	14	Holiday - Bhogi
2	Winter Break	15	Holiday - Sankranti
3	School Reopens, Term 3 Begins	24	International Day of Education
4 to 19	Mock Exams 2 (G10-12)	25	Annual Day (EY-G2)
10	Recitation Competition (EY1 & EY2)	26	Annual Day (G3-G5) Republic Day
12	Hats and Caps Day (Early Years)	27	Annual Day (G6-G9)
		31	Spell Bee Competition (EY3)



# Digital Fluency and Citizenship

## FEBRUARY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
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18	19	20	21	22	23	24
25	26	27	28	29		

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|---|--|
| 1 Assembly – Primary  | 16 Assembly – Primary  |
| 2 Field Trip – Middle School<br>Field Trip – Primary  | 17 Parent Forum  |
| 6 Assembly – High School  | 21 International Mother Language Day<br>Assembly – Middle School   |
| 7 Assembly – Middle School  | 22 Assembly – Primary  |
| 8 Assembly – Primary  | 23 Assembly – Primary<br>Field Trip – Early Years (Movie Day)      |
| 9 Field Trip – Primary  | 28 Contentio Mathematica – Middle School<br>Assembly – Early Years |
| 14 Assembly – Middle School<br>Colouring Competition (EY1)<br>Tell a Tale Competition (EY2 & EY3) | 29 Assembly – Primary  |
| 15 Assembly – Primary   |  |

**Digital Fluency and Citizenship** are essential life competencies in today's world, with technology increasingly integrated into our daily lives. Digital Fluency is the ability to use digital tools and technologies efficiently and effectively to achieve personal and professional goals. Digital Citizenship involves the responsible use of these digital tools and technologies in a way that respects the rights and privacy of others, as well as the overall wellbeing of society. It includes being aware of online risks and taking measures to protect oneself and others from these risks.



**Critical Thinking** enables individuals to analyse information, evaluate arguments, and make well-informed decisions. It involves the ability to question assumptions, consider multiple perspectives, and weigh evidence objectively. Critical Thinking plays an important role in everyday life, such as for making consumer choices, participating in community discussions, and managing relationships.

# Critical Thinking

## MARCH 2024

SUN	MON	TUE	WED	THU	FRI	SAT
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24	25	26	27	28	29	30
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- 1 Assembly – Primary
- 2 PTM
- 6 Assembly – Middle School
- 7 Movie Day – Primary
- 8 Holiday – Mahashivaratri
- 13 Assembly – Middle School  
Family Fun Day (EY1)
- 14 Contentio Mathematica (G1-5)  
Skill Display (EY2)
- 15 Skill Display (EY3)
- 16 Graduation Day – High School
- 18 New Session Begins for  
AS & A Level (High School)
- 20 Assembly – Middle School
- 22 World Water Day
- 25 Holiday – Holi
- 29 Holiday – Good Friday



# Collective Wellbeing

## APRIL 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

3 to 19	Final Exams (G9)	19	Last Working Day (G9)
9	Holiday - Ugadi		Step-up & Last Working Day (G1-4 & G6-7)
10	Holiday - Eid-ul Fitr	20	PTM - Early Years
12	Last Working Day - Early Years	22 to 24	Checkpoint Exams (G5 & G8)
13	Step-up (EY3)	25	Step-up & Last Working Day (G5 & 8)
14	Holiday - Ambedkar Jayanti	27	PTM (G1-9)
15 to 19	EOT3 (G3-8)		

**Collective Wellbeing** requires an understanding of the interconnectedness of people and their environments, and actively engaging in actions that promote common good. Developing this competency can lead to increased social connection and a deeper sense of purpose. It involves skills such as empathy, communication, collaboration, and problem-solving, and can be cultivated through intentional practices such as volunteering and community service.

**JUNE 2023**

**COGNITIVE FLEXIBILITY**  
UNLOCK ENGAGEMENT

**JULY 2023**

**DEVELOPING RELATIONSHIPS**  
UNLOCK HAPPINESS

**AUGUST 2023**

**GOALS ACHIEVEMENT**  
UNLOCK EXCELLENCE

**SEPTEMBER 2023**

**SELF-AWARENESS AND MANAGEMENT**  
UNLOCK FAIRNESS

**OCTOBER 2023**

**TEAMWORK EFFECTIVENESS**  
UNLOCK RESPECT

**NOVEMBER 2023**

**ENTREPRENEURSHIP**  
UNLOCK INNOVATION

**DECEMBER 2023**

**COMMUNICATION**  
UNLOCK CONFIDENCE

**JANUARY 2024**

**PLANNING AND WAYS OF WORKING**  
UNLOCK RESPONSIBILITY

**FEBRUARY 2024**

**DIGITAL FLUENCY & CITIZENSHIP**  
UNLOCK INTEGRITY

**MARCH 2024**

**CRITICAL THINING**  
UNLOCK REFLECTION

**APRIL 2024**

**COLLECTIVE WELLBEING**  
UNLOCK VALUE CREATION

# HOLIDAYS

<b>JUNE</b>	29	Eid-ul-Azha (Bakrid)
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<b>JULY</b>	17 29	Bonalu Muharram
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<b>SEPTEMBER</b>	7 18 28	Krishnashtami Ganesh Chaturthi Milad-un-Nabi
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<b>OCTOBER</b>	2 14 16 - 23 24 & 25	Gandhi Jayanti Bathukamma Autumn Break Vijayadashami
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<b>NOVEMBER</b>	12 & 13 27	Diwali Guru Nanak Jayanti/Karthika Pournami
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<b>DECEMBER</b>	25 26 27 - 31	Christmas Boxing Day Winter Break
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<b>JANUARY</b>	1 & 2 14 15	Winter Break Bhogi Sankranthi
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<b>MARCH</b>	9 10	Ugadi Eid-ul-Fitr
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<b>APRIL</b>	9 14 21 25	Mahashivaratri Ambedkar Jayanti Good Friday Holi